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Re The Practice and Method of Dr. Mariano Loiacomo

It was a pleasure and a privilege to have participated in the **MALATTIE PSICHIATRICHE DEL CERVELLO: SQUILIBRIO CHIMICO O DISEASE MONGERING? *Psychiatry's brain diseases: chemical imbalances or disease mongering?*** Wednesday 22 September 2010 Auditorium Ordine dei Medici Chirurghi e degli Odontoiatri Via Acquaviva – FOGGIA

Beginning in the 1950s psychiatry in collusion with the pharmaceutical industry commandeered mental health in the US. In recent years they have been exporting their drugging methods and their drugs to all other developed countries, including Italy.

This is a tale of fraud and deceit. There is a contest going on for people's hearts, minds and money between US psychiatry on the one hand and humane, common-sense, psychiatry and psychology exemplified by the practice and methods of Dr. Mariano Loiacomo (and Drs. Thomas Szasz, the late Loren Moser, Peter Breggin and others). We have no way of knowing the number of ethical physicians and psychologists who are true to Hippocratic principals in their own practices. We only know that in the US, a majority of psychiatrists (and psychologists, who, while unable to prescribe, play the labeling game and refer for drugging) have joined the ranks of those who do nothing but drug.

US psychiatry is scientifically and morally corrupt and should have no claim on innocent, psychologically troubled people. In collusion with the pharmaceutical industry, lobbyists and government as a whole, they have enslaved much of the US population,.

Coinciding, in the 1950's with the synthesis of the first psychotropic drugs—Thorazine, Librium, and Meproamate, US psychiatry and the pharmaceutical industry launched the “big lie” that all painful emotions (depression, anxiety, panic etc.) are “chemical imbalances” of the brain, diseases--each one needing a “chemical balancer” a pill.

In 1976, Henry Gadsden, CEO of pharmaceutical giant, Merck, told Fortune magazine of his distress that their potential markets had been limited to sick people—people proved to have a disease. Suggesting he'd rather Merck be more like chewing gum maker Wrigley's, Gadsden said it had long been his dream to make drugs for *healthy* people. Because then, Merck would be able to “sell to everyone.”

Today, thanks to the pharmaceutical industry-psychiatry partnership, Gadsden's dream has come true. In the US, 20 percent of schoolchildren are on one or more psychiatric drugs. Psychiatrists (and family physicians, pediatricians, and neurologists as well) tell every patient with problems of life and living that they have "chemical imbalances" and need "chemical balancers"—pills, when none of them do.

Giving medications or drugs to normal persons is poisoning. At a 1970 Congressional Hearing, the first at which psychiatry claimed ADHD (then called hype-kinetic disorder) to be a disease, psychiatrist, John D. Griffith testified—"I would like to point out that every drug, however innocuous, has some degree of toxicity. A drug, therefore, is a type of poison and its poisonous qualities must be carefully weighed against its therapeutic usefulness. Millions of dollars were appropriated for research into the diagnosis and treatment of ADHD—a disease that did not exist. The era of the "chemical imbalance" had been launched.

In the US, ADHD has been the "chemical imbalance" prototype—and a monstrously successful one at that. Now they export it to Italy, England, Australia and all the rest of the developed world. Imagine if you can—over 5 million school-aged children in the US diagnosed "ADHD" most of them on amphetamines such as Ritalin and Adderall—drugs that addict, kill, and cause normal children thus stigmatized and poisoned to commit suicide.

Consider this about the invented, illusory "disease"—ADHD: "Recent studies indicate that ADHD is one of the most costly health conditions in the U.S. - topped only by alcohol abuse. Annually, alcohol abuse costs American families \$86 billion in lost household income. The annual cost for ADHD is \$77 billion and the annual cost for drug abuse is \$58 billion.

With every psychiatric "disease" and "epidemic" a fraud, the psychiatric-pharmaceutical cartel plunders health care dollars in the US contributing more than any other factor to the 47 million Americans unable to afford health care insurance and access to even the most basic level of health care. There is nothing whatsoever about US "biological" psychiatry that you would want for yourself, your loved ones or your countrymen.

Just as US psychiatrists lie to normal, emotionally troubled, persons, making "patients" of them, in perpetuity--psychiatric "researchers" do the same with normals they recruit, entice and pay to become "research: subjects: Every subject in every drug study is called "abnormal"/ "diseased"/ "chemically imbalanced" when none are. All of them are biologically, medically normal. The lie that that psychiatry—its practice and research are "biological" or "medical" is a complete lie.

Dr. Katherine Nordal reports [Monitor, November 2010, Vol 41, No. 10]: Between 1998 and 2007 there was a decrease in the use of (1) psychotherapy only, a decrease in the use of (2) psychotherapy in conjunction with medication and a big increase in the use of (3) medication only. In 2008, 57.4 percent of patients received medication only indicating

that compared with 1997, approximately 30 percent fewer patients received psychological interventions. 58.1 percent of children received medication alone! By 2006, the costs of psychotropic drugs accounted for 51 percent of mental health care spending, while per capita expenditure for psychotropic medications tripled from 1996 to 2006. In 2005, the pharmaceutical industry spent \$4.2 billion on direct-to-consumer advertising and \$7.2 billion on promotion to physicians — nearly twice what they spent on research and development. Dr. Nordal closes: “Don’t you love “If your antidepressant isn’t working try Abilify!”? How about: “If your antidepressant isn’t working, try psychotherapy!”

What about “research and development”? Just like “practice” throughout “biological” psychiatry, all or their research commences with the claim that the subject has a “chemical imbalance” of the brain—a disease, and is, like all that is psychiatric practice—invalid.

At the 1998 ADHD Consensus conference James M. Swanson and F. Xavier Castellanos claimed that the “on-average 10 percent brain atrophy” found in ADHD subjects having MRI brain scans was the physical abnormality of ADHD—proof it was a disease. What they knew but forgot to mention was that all of studies reviewed utilized cohorts that had been “treated,” that is, exposed to amphetamines/stimulants. What they had proven was not that ADHD was a disease, but that the amphetamines used by the millions as “treatment” in the US causes grossly evident (MRI brain scan) atrophy of the brain.

In a September 30, 2010 article in the journal *Lancet*, Williams, et al, [**The Lancet, Early Online Publication, 30 September 2010 doi:10.1016/S0140-6736(10)61109-9**] claimed that ADHD was due to chromosomal deletions and duplications, making it a disease, not a social construct as so many maintain. However, Williams and his team failed to report how many of their cohort had been “treated” and they also forgot to reference earlier research proving that Ritalin/methylphenidate causes exactly such chromosomal abnormalities. Like Swanson and Castellanos and all who have gone before them claiming that ADHD or any psychiatric diagnosis/“chemical imbalance” is an actual disease, the abnormality they described was due only to their treatment—the drugs they invariably prescribe—with never a proven disease.

If they called their mental health diagnoses, subjective, mental, psychological this would be the truth, the stuff of honest informed consent. But they call all of their patients diseased/abnormal and all of their research subjects diseased/abnormal, meaning the lie is total and that *all* of their practice and research is invalid—a fraud.

For the good of all Italians I urge you to reject the morally-, scientifically-corrupt model of psychiatry and psychology that the US psychiatry and the pharmaceutical industry would have you adopt for your country.

You have in your midst, Dr. Mariano Loiacomo—a moral, ethical, common-sense psychiatrist who has held firm against those who would only diagnose-stigmatize and

poison with their drugs. You cannot imagine the damage that is occurring in the US at the hands of the US psychiatry-pharmaceutical industry cartel. I urge you to open your eyes to see and use your common sense to comprehend the damage to you, your loved ones and countrymen and women if you adopt the mass drugging model of psychiatry that is being urged upon you--drugging that Dr. Loiacomo stands bravely against, at great personal cost.

Sincerely,

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